

Collins Aerospace Day Academy - April 2021 (Week 3)

Meal Patterns				4/1/2021	4/2/2021
Breakfast					
Grain/Bread				Breakfast Pizza	Rice Chex
Fruit or Vegetable				Mango	Watermelon
Milk, Fluid				Milk	Milk
Other Food					
Lunch					
Meat or Meat Alternative				Chicken Stir Fry	Macaroni & Cheese
Vegetable				Stir fry Vegetables	Peas & Carrots
Fruit				Banana	Cantaloupe
Grain/Bread				Rice	
Milk, fluid				Milk	Milk
Vegetarian Option				Tofu Stir Fry	
Main Dish Substitution				Chicken Breast	Hamburger
Vegetable Substituion					Peas
Snack					
Milk, fluid				Water	Milk
Juice, fruit or Vegetable				Peaches	
Grain/Bread				Club Crackers	Cinnamon Teddy Grahams
Meat or Meat alternative					
Infant Substitution					

Collins Aerospace Day Academy - April 2021 (Week 4)

Meal Patterns	4/5/2021	4/6/2021	4/7/2021	4/8/2021	4/9/2021
Breakfast					
Grain/Bread	Cheerios	Biscuits & Gravy	Toast	Waffles	Scrambled Eggs
Fruit or Vegetable	Melon Medley	Mandarin Oranges	Fruit Cocktail	Banana	Strawberries
Milk, Fluid	Milk	Milk	Milk	Milk	Milk
Other Foods			Butter/Jelly	Syrup	
Lunch					
Meat or Meat Alternative	Breaded Chicken Patty	Goulash (Beef)	Barbeque Chicken	Hamburger with Cheese	Chicken Fajitas
Vegetable	Sweet Potato Tots	Cauliflower	Mixed Vegetables	Potato Wedges	Stir-Fry Vegetables
Fruit	Pears	Cantaloupe	Blueberries	Peaches	Crushed Pineapple
Grain/Bread	Bun		Roll	Bun	Tortilla
Milk, fluid	Milk	Milk	Milk	Milk	Milk
Vegetarian Option	Veggie Nuggets	Black Bean Goulash	Greek Yogurt	Veggie Burger	Tofu Fajitas
Main Dish Substitution		Hamburger			Plain Chicken Breast
Vegetable Substitution	Broccoli		Green Beans	Peas	Broccoli
Snack					
Milk, fluid	Milk	Milk	Milk	Water	Milk
Fruit or Vegetable		Apples & Caramel (Preschool - School Age)			
Grain/Bread	Soft Pretzel with Cheese		Strawberry Muffin	Ritz Crackers	Cinnamon Toast
Meat or Meat alternative				Cheese Cubes	
Infant - Toddler Room Substitution		Watermelon (Infants - Toddlers)			

Collins Aerospace Day Academy - April 2021 (Week 5)

Meal Patterns	4/12/2021	4/13/2021	4/14/2021	4/15/2021	4/16/2021
Grain/Bread	Bagel	French Toast	Rice Krispies	Toast	Oatmeal
Fruit or Vegetable	Crushed Pineapple	Berry Blend	Applesauce	Mango	Blueberries
Milk, Fluid	Milk	Milk	Milk	Milk	Milk
Other Foods	Cream Cheese	Syrup		Jelly	Brown Sugar
Lunch					
Meat or Meat Alternative	Beef Shepherd's Pie	Chicken & Tomato Bake	Meatballs & Gravy	Fish Sticks	Diced Chicken
Vegetable	California Medley	Corn (Preschool-School-age)	Mashed Potatoes	Potato Wedges	Mixed Vegetables
Fruit	Mandarin Oranges	Fruit Cocktail	Melon Melody	Apricots	Tropical Fruit Mix
Grain/Bread	Roll		Bread	Roll	Crackers
Milk, fluid	Milk	Milk	Milk	Milk	Milk
Vegetarian Option	Black Bean Shepherd's Pie	Tofu and Tomato Bake	Veggie Burger	Cheese Quesadilla	Vegetable Soup with Cottage Cheese
Main Dish Substitution	Hamburger	Chicken Breast	Hamburger		Chicken Breast w/ Vegetables
Vegetable Substitution	Broccoli	Green Beans (Infant-Toddler)	Cauliflower	Peas	Vegetable Broth
Snack					
Milk, fluid	Milk	Milk	Water	Milk	Water
Juice, fruit or Vegetable					Cinnamon Baked Apples
Grain/Bread	Goldfish	Raspberry Muffins	Club Crackers	Graham Crackers	Granola
Meat or Meat alternative			Strawberry Yogurt		

Collins Aerospace Day Academy - April 2021 (Week 1)

Meal Patterns	4/19/2021	4/20/2021	4/21/2021	4/22/2021	4/23/2021
Breakfast					
Grain/Bread	Waffles	Breakfast Casserole	Toast	Rice Chex	Cheerios
Fruit or Vegetable	Oranges	Mixed Berries	Pears	Banana	Fruit Cocktail
Milk, Fluid	Milk	Milk	Milk	Milk	Milk
Other Foods	Syrup		Butter/Jelly		
Lunch					
Meat or Meat Alternative	Chicken Casserole with Veggies	Taco Meat (Beef)	Chicken Nuggets	Diced Ham	Cheese Tortellini with Marinara
Vegetable	Broccoli	Refried Beans	Sweet Potato Tots	Scalloped Potatoes	Mixed Vegetables
Fruit	Crushed Pineapple	Mango	Applesauce	Watermelon	Peaches
Grain/Bread		Tortilla	Roll	Roll	
Milk, Fluid	Milk	Milk	Milk	Milk	Milk
Vegetarian Option	Tofu Casserole with Veggies	Peas and Carrots	Veggie Nuggets	Cottage Cheese	
Main Dish Substitution	Chicken Breast	Plain Ground Beef		Chicken Breast	Hamburger
Vegetable Substitution			Cauliflower	Green Beans	Peas
Snack					
Milk, fluid	Milk	Milk	Water	Milk	Water
Juice, fruit or Vegetable					
Grain/Bread	Graham Crackers	Pumpkin Muffin	Tortilla	Cheese-Its	Whole Wheat Crackers
Meat or Meat alternative			Sliced Turkey & Cheese		Cheese Stick

Collins Aerospace Day Academy -April 2021 (Week 2)

Meal Patterns	4/26/2021	4/27/2021	4/28/2021	4/29/2021	4/30/2021
Breakfast					
Grain/Bread	English Muffin w/Egg and Cheese	Cornflakes	Bagel	Rice Krispies	Center Closed
Fruit or Vegetable	Apricots	Strawberries	Peaches	Applesauce	
Milk, Fluid	Milk	Milk	Milk	Milk	
Other Foods	Butter		Cream Cheese		
Lunch					
Meat or Meat Alternative	Baked Herb Chicken	Meatballs	Sausage Patty	Sliced Turkey	
Vegetable	California Medley	Italian Blend Vegetables	Hashbrowns	Mashed Potatoes	
Fruit	Pears	Tropical Fruit Mix	Berry Blend	Fruit Cocktail	
Grain/Bread	Cornbread Muffin	Spaghetti & Marinara	Pancakes	Roll	
Milk, fluid	Milk	Milk	Milk	Milk	
Vegetarian Option	Black Bean Burger	Tofu and Marinara	Greek Yogurt (Infants)	Black Bean Casserole	
Main Dish Substitution	Bread/Chicken Breast	Hamburger with Bun	Toast		
Vegetable Substitution	Green Beans	Cauliflower	Peas	Broccoli	
Snack					
Milk, fluid	Milk	Milk	Milk	Milk	
Juice, fruit or Vegetable		Apples & Caramel (Preschool-School-Age)		Banana	
Grain/Bread	Cinnamon Toast		Animal Crackers		
Meat or Meat alternative					
Substitution		Watermelon (Infants-Toddlers)			